PROCEDURE

SUBJECT: Passy Muir Valve Placement

Business: Madonna Rehabilitation Hospital - Lincoln

Date of Origin: 10/27/2015 System: Patient Care

Number: 439 Department: Respiratory Therapy

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PROCEDURE:

Purpose: To establish a safe and standardized procedure for the placement of a Passy Muir Valve (PMV®) on an adult tracheostomy tube or ventilator patient.

Prerequisite: Physician order to initiate PMV

Absolute Contraindications: Severe upper airway obstruction, medical instability, foam-cuffed trach tube.

Relative Contraindications: Severe aspiration risk, thick, excessive or otherwise unmanageable secretions.

Section A: General guidelines
Section B: Preparing the Patient

Section C: PMV Placement on non-ventilator patients

Section D: Trouble Shooting
Section E: Ventilator Guidelines

Section A: General guidelines

- Tracheostomy tube cuffs must be completely deflated prior to placement of Passy Muir Valve (PMV)!
- Use of a PMV with a foam-filled trach cuff is **contraindicated**!
- Use Standard Precautions with all tracheostomy tube patients.
- Place pilot balloon safety label as provided in the package. Additional bedside labels are available within the package and highly encouraged.
- After the initial RT/SLP assessment, the SLP may deflate the tracheostomy tube cuff in non-ventilator patients for the PMV trial in absence of the RT if the SLP has had the training and completed the competency check offs on lung sounds, sterile suction, and cuff deflation/inflation. SLP may also inflate

the cuff if needed post PMV removal due to "STOP" criteria, physician ordered, and/or need for manual resuscitation.

SECTION B: Preparing the Patient

- To reduce anxiety and ensure successful transition to the PMV, the patient and family should be instructed in the directions for use of the PMV including contraindications, cautions, and warnings.
- Position patient in semi-recumbent or upright position, allowing for comfort and adequate chest/ lung expansion.
- Prepare to monitor SpO2, respiratory rate (RR), heart rate (HR) and work of breathing (WOB).
- Assess patient for oral and tracheal suction needs.

Section C: PMV Placement on non ventilator patients

- 1. <u>Slowly and completely</u> deflate tracheostomy tube cuff: this allows the patient time to adjust to the change in airflow and for the patient to mobilize and cough secretions above the cuff.
- 2. Assess patient for additional oral and tracheal suction needs.
- 3. SLP will assess glottal patency by looking for signs that the patient is exhaling adequately through the upper airway. These could include observing the patient coughing, vocalizations, reflexive oral movements, throat clearing, or feeling the flow of air on the hand held at the patient's mouth and/or nose.
- 4. Place PMV on trach hub: keep one hand on the trach flange to maintain trach tube position in airway, without creating pressure to the trachea or discomfort for the patient.
- 5. Give valve ¼ turn clockwise. Do not place PMV on forcefully, as this will make it difficult to remove.
- 6. Continue to monitor patient's vitals and refer to the "STOP Criteria and/or other signs of respiratory distress as an indicator to remove the PMV.
- 7. When removing the PMV, use one hand on the trach flange to stabilize tracheostomy tube and give a gentle clockwise turn.
- 8. Clean and store appropriately in container provided. Do not close the lid of the container unless PMV is completely dry (Clean daily and PRN with warm water and mild soap. Rinse well and let air dry completely before next use.)

"STOP" Criteria

Sustained:

- HR ↑ > 20 beats/min
- RR > 35 breaths/min
- FiO2 ≥ 60% to maintain SpO2 > 90%

Section D: Trouble Shooting

Patient demonstrates or reports increased WOB

- Check to be sure trach tube cuff is completely deflated
- Check patient position and position of trach tube
- Assess for need of oral or tracheal suction
- Patient anxiety: patients may initially be anxious with the change in airflow with the PMV. Review education with patient. May slowly increase usage overtime.

Patient continues to exhibit increased WOB

- Remove PMV
- Consider trach tube "downsizing"
- Contact physician; consider ENT consult if WOB does not resolve

Patient starts to cough and the PMV pops off

- Assess patient for need of tracheal suction
- Ensure that PMV is being placed securely onto the hub of the trach tube

Patient continues to cough very hard without relief

- This may be a sign of upper airway obstruction
- This may be a sign of "air trapping", which could indicate a need for a trach tube with a smaller OD (outer diameter)

The PMV is making a "honking" sound

- The valve may be soiled. Clean per procedure and try again before replacing
- If the PMV continues to make noise and has been used for two months or longer, it may be time to replace the PMV

Little or no voice is being heard with the PMV on

- Check patient's position, making sure they are positioned for good breath support
- Patient may have weak or damaged vocal folds. Consult with patient's speech Language Pathologist (SLP)
- Diaphragm weakness may result in inadequate breath support (consult with patient's Physical Therapist (PT) for diaphragm strengthening strategies
- Vocal chords may be weak from non-use, and will strengthen with time and practice

Section E: PMV Use with Ventilator Patients: Process

Ventilator setting adjustments to accommodate the PMV require a physician order.

Prepare patient as stated in Sections A & B

- 1. Note patient's Peak Inspiratory Pressure (PIP) and Tidal Volume (VT)
- 2. Adjust PEEP levels to avoid autocycling, may turn off or decrease
- 3. Slowly and completely deflate trach cuff
- 4. Assess patient for oral and tracheal suction needs
- 5. Note patient's PIP and exhaled VT after trach cuff deflation
 - a. If a significant loss is observed, it is a good indication that the upper airway is patent and the patient is able to exhale around the tracheostomy tube.
 - b. SLP will assess glottal patency by looking for signs that the patient is exhaling adequately through the upper airway. These could include observing the patient coughing, vocalizations, reflexive oral movements, throat clearing, or feeling the flow of air on the hand held at the patient's mouth and/or nose.
- 6. Place PMV in line with ventilator circuit by removing the 15mm adapter between the inline suction catheter and 6 inch flex tubing and replacing it with the PMV.
- 7. Adjust ventilator settings to ensure patient's ventilation needs are being met. Volume/Pressure augmentation may be needed due to leak. May increase volume in increments up to 200cc's without physician order. Do not exceed baseline PIP.
- 8. Adjust sensitivity to avoid auto-cycling (if needed)
- 9. Adjust ventilator alarms as indicated: general rule is to set the low pressure

alarm to a pressure that when the vent is disconnected with the PMV inline that it will alarm (To check this, disconnect the omniflex from the trach with the PMV inline with the circuit). The High Pressure alarm 10 cmwp above PIP and low MV alarm to off when PMV **in.** High RR will be set 15 breaths above patient's average.

When PMV session is complete:

- 1. Remove PMV
- 2. Return ventilator settings to primary settings
- 3. Reset ventilator alarms as indicated
- 4. Re-inflate trach cuff

SIGNATURES:

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2/8/2016

Date